

Collection Instructions: Please read all instructions carefully

Key Reminders:

- Ø DO NOT shower or bathe until after collection of specimen
- Ø DO NOT have a bowel movement, wipe or clean the rectal area until after collection of specimen
- Ø **DO NOT** use ointment in the rectal area until after collection of specimen

Time of collection is best immediately upon arising in the morning

1. You will be given a clear plastic capped tube, which contains a clear plastic paddle with one "sticky" side. The patient's name & DOB should already be on a label on this tube.



- 2. Do not open the cap on the plastic tube before time of collection.
- 3. Have the patient lie on her/his side.
- 4. Hold the paddle by the cap and remove it from the tube.
- 5. Unscrew the cap of the vial, be careful to keep upright (vial may contain a fluid); a plastic scoop is attached to the vial lid.
- 6. With one hand, separate the buttocks. Carefully press the sticky side of the paddle (one side is labeled "STICKY") against the skin at the opening of the rectum. Move the paddle gently all around the rectum don't expect to see any pinworms, they're very tiny, almost invisible. Any mucus or fecal material will adhere to the sticky area of the paddle.
- 7. Insert the paddle back into the plastic tube. Tightly screw on the cap. <u>WASH</u> <u>YOUR HANDS</u> carefully to prevent spread of any possible infection.
- 8. Keep at room temperature.
- 9. Return the specimen tube to the laboratory as soon as possible, <u>preferably the</u> <u>same morning the specimen is collected</u> but no later than 24 hours.