

PDL Collection Guide: Semen Collection for Fertility Testing

Fertility Testing (Semen Analysis): Semen Collection

Your provider has requested a test that requires you to collect a semen specimen.

Please follow the collection instructions outlined below to obtain the specimen for testing. Please note that if the instructions are not followed as outlined, it may compromise the specimen. A compromised specimen will affect the test results.

Appointment **REQUIRED**

To schedule call: **(805) 879-8100**

Appointments are available:	Location:
Monday-Friday (excluding Holidays) 9:00 or 9:30 AM	454 S Patterson Ave Santa Barbara, CA 93111
<p>⊘ DO NOT: Drop off to the Laboratory without an APPOINTMENT.</p> <p>⊘ DO NOT: Drop off to a PDL Patient Service Center.</p> <p>Time allowance between collection of specimen and delivery to the lab is 30 min. Collection and delivery to lab must be scheduled to maintain specimen viability.</p>	

Collection Instructions: **SCHEDULE APPOINTMENT (805) 879-8100**

1. Use a clean, no additive container.



Sterile, leak-proof container

2. Abstain from ejaculation 2-7 days prior to collection.
3. Collect by masturbation only.
4. Collect entire ejaculate into the specimen container (do not use a condom).
5. Avoid use of lubricants and other products that may contaminate the specimen.
6. Label specimen container with:
 - a. **Patient's FULL name**
 - b. **Date of Birth (DOB)**
 - c. **Collection Date & Time**
7. Keep at room temperature and avoid temperature extremes during transport to the lab.
8. If collected at home, deliver specimen to the Lab **within 30 minutes** of collection (appointment required).

To schedule an appointment call: **(805) 879-8100**