

Collection Instructions: Please read all instructions carefully**Key Reminders:**

- Ø **DO NOT** (female) cleanse labial area prior to providing specimen.
- Ø **DO NOT** (male) cleanse penis prior to providing specimen.
- Ø **DO NOT** urinate for at least one (1) hour prior to specimen collection.

The specimen will be rejected if not delivered to lab the same day you collect it.

It is important to obtain a good specimen for meaningful results from this procedure. Please follow these instructions:

1. At home, collect the first early-morning urine specimen (approximately 20 to 30 mL of initial urine stream) into the provided urine collection cup free of any preservatives. Collection of larger volumes of urine may result in specimen dilution that may reduce test sensitivity.
2. Make sure that the cup has a label with your name and DOB and the time collected.
3. Return your urine specimen to the lab the SAME DAY you collect it.
4. Refrigerate your specimen if there will be a delay of more than one hour between collection and delivery to the lab.